

I'M TREKKING THE TOP 10 PEAKS OF AUSTRALIA For young people with physical disabilities!

As a bold Youngcare supporter, I'm trekking a challenging 60km hike across the Main Range in Kosciuszko National Park. The harsh and completely isolated environment, and tough conditions, where there is little control over personal choice, provides a striking reflection of the challenges that young people with high physical support needs face on a daily basis. **Please, help me, help them.**

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